

### City of Albuquerque Environmental Health Department

#### **Consumer health Protection Division**

### HOT WATER HEATER SIZING GUIDELINES FOR FOOD ESTABLISHMENTS

Water heaters and booster heaters for food establishments need to be sized to ensure the facility will have a sufficient amount of hot water at all times. Recovery rate of the hot water unit is more important than actual capacity. The total hot water demand for the food establishment must be taken into consideration when determining the appropriate size of the water heater. The water heater location, energy input in BTU's or kilowatts, and tank capacity in gallons are to be indicated on plans.

# I. <u>Definitions</u>

- a. Booster Heater: An instantaneous water heater designed and intended to raise the temperature of hot water to a higher temperature for a specific purpose, such as for the sanitizing rinse on a high temperature automatic dishwasher.
- b. BTU (British Thermal Unit): The quantity of heat required to raise the temperature of one pound of water one degree F.
- c. GPH (Gallons Per Hour): The amount of water, in gallons, that is used each hour by the plumbing fixtures and equipment, such as dishwashers.
- d. GPM (Gallons Per Minute): The amount of water, in gallons, flowing through a plumbing fixture or through an instantaneous water heater per minute.
- e. Instantaneous Water Heater: A water heater that generates hot water on demand.
- f. KW (Kilowatt): A unit of electric power equal to 1,000 watts.
- g. Rise: The temperature of water as it leaves the water heater minus the temperature of the water entering the water heater.
- h. Storage Water Heater: A water heater that incorporates a thermostat, a storage tank, and a burner or heating elements, to heat and maintain the water within the tank at a specific temperature.
- i. Thermal Efficiency: The measure of the overall efficiency of the water heater, taking into consideration loss of energy due to combustion, radiation, convection and conduction of heat from the unit.

# II. General Requirements for Water Heaters

a. A water heater shall be provided which is capable of generating an adequate supply of hot water, at a minimum temperature of 100°F and a maximum temperature of 120°F., to all sinks, janitorial facilities, and other equipment and fixtures that use hot water, at all times. If a dishwasher is being installed, check the requirements of the dishwasher. Many dishwashers

- require an incoming water temperature that is hotter than 120°F. Follow the recommended temperature requirements of the dishwasher manufacturer.
- b. Water heaters and their installation must be in compliance with all local building code requirements.
- c. Water heaters that use reclaimed heat from equipment to heat water must be evaluated on a case-by-case basis.

# III. Sizing Requirements for Storage Water Heaters

- a. For food facilities that utilize multiservice eating and drinking utensils, the water heater shall have a recovery rate equal to or greater than 100% of the computed hourly hot water demand, in gallons per hour (GPH).
- b. For food facilities that use only single-service eating and drinking utensils, or don't use utensils at all, the water heater shall have a recovery rate equal to or greater than 80% of the computed hourly hot water demand, in GPH.
- c. For food facilities that handle and sell only prepackaged foods, a water heater with a minimum storage capacity of ten gallons is normally sufficient. Prepackaged food facilities that have more than a janitorial sink and two handsinks should use the sizing criteria outlined in this chapter.
- d. The hourly hot water demand for the food facility, in GPH, is calculated by adding together the estimated hot water demands for all sinks and other equipment, such as dishwashers, which utilize hot water. The hot water demands for automatic warewashers, such as dishwashers, glasswashers, and potwashers are found in NSF International listings or listings established by other nationally recognized testing laboratories.
- e. The following are estimated hot water demands for sinks and other equipment that utilize hot water:

#### IV. Fixture Hourly demand

Utensil sinks

- 18" x 18" 14 gallons per compartment
- 24" x 24" 25 gallons per compartment
- Custom sink sizes can be calculated using the formula:
- Length x Width x Average Depth x 7.5 = gallons per compartment

Bar sinks = 6 gallons per compartment

Food preparation sinks = 5 gallons per sink

Janitorial sinks = 15 gallons per sink

Garbage can wash facility = 15 gallons per facility

Hand sinks = 5 gallons per sink

Pre-rinse units

- Hand spray type 45 gallons
- Other types of unit refer to manufacturer's specifications

#### Clothes washers

- 9 and 12 pound washers 45 gallons
- 16 pound washers 60 gallons

Employee shower 20 gallons per shower

For other fixtures that utilize hot water; see manufacturer's specifications.

#### V. **Calculations for Hourly Hot Water Demand**

The following examples are provided to explain how to calculate the total hourly hot water demand:

a. Food facility that utilizes only single service eating and drinking utensils:

#### Assume:

1 18" x 18" three compartment sink = 42 GPH

2 hand lavatories = 10 GPH (5 GPH ea.)

1 janitorial sink = 15 GPH

(42 + 10 + 15) = 67 GPH total hourly hot water demand

67 GPH x 80% allowance for single service utensils = 54 GPH

For the food facility in this example, a water heater would be required which will recover 54 GPH.

b. Food facility that utilizes multiservice eating and drinking utensils:

#### Assume:

1 18" x 18" three-compartment sink 42 GPH

Automatic dishmachine 80 GPH

Hand spray pre-rinse 45 GPH

One compartment food preparation sink 5 GPH

2 hand lavatories 10 GPH (5 GPH ea.)

1 janitorial sink <u>15 GPH</u>

(42 + 80 + 45 + 5 + 10 + 15) = 197 GPH total hourly hot water demand

Since the food facility in this example uses multiservice eating and drinking utensils, 100% of the computed hourly hot water demand must be provided. Therefore, a water heater would be required which will recover 197 GPH.

c. To compute a BTU or KW rating for the required hourly hot water demand found in example a, the following formulas should be used:

Formula 1 (for gas water heaters)

BTU input =  $\underline{GPH} \times {}^{\circ}Rise \times 8.33 \text{ lb./ gallon of}$  water Thermal Efficiency

BTU input =  $54 \text{ GPH x } 60^{\circ}\text{F X } 8.33 \text{ lb.}$ 

BTU input = 35,985

Formula 2 (for electric water heaters)

KW input = <u>GPH x °Rise X 8.33 lb./ gallon of water</u> Thermal Efficiency x 3412 BTU/KW

KW input =  $54 \text{ GPH } \times 60^{\circ}\text{F } \times 8.33 \text{ lb.}$ .98 x 3412 BTU/KW

KW input = 8

# VI. Sizing Requirements for Instantaneous Water Heaters

a. One of the advantages of an instantaneous water heater is its ability to provide a continuous supply of hot water. However, since the water passes through a heat exchanger, the water must flow through the unit slowly to ensure proper heat transfer. Therefore, the quantity, or rate, at which the hot water is delivered, can be significantly less than that provided by a storage water heater. When hot water is utilized at several locations of the food facility at the same time the flow of hot water to each fixture can be severely restricted. As a result of the restricted output of instantaneous water heaters, more than one unit may be required, depending on the numbers and types of sinks and equipment present. Instantaneous water heaters must be sized to provide hot water of at least 120°F., and at a rate of at least two gallons per minute (GPM) to each faucet. Most existing gas lines will not carry the gas load necessary for an instantaneous water heater. Either larger gas lines will need to be installed to carry the extra load, or the gas pressure will need to be increased at the meter. This is an extra expense that is often discovered after installation. (Note: Hand lavatories and food preparation sinks must receive at least ½ GPM.) The following example is provided to explain how this sizing criteria is applied:

#### Assume:

1 18" X 18" three-compartment sink 2 GPM

2 hand lavatories 1 GPM (½ GPM each)

1 janitorial sink 2 GPM

$$(2+1+2)=5$$
 GPM

In the example given above, one or more instantaneous water heaters would have to be provided in order to supply a total of at least 5 GPM.

b. Food facilities that install an automatic warewashing machine that utilizes a large quantity of hot water may be required to provide an instantaneous water heater exclusively for the warewashing machine. NSF International listings or listings established by other nationally recognized testing laboratories are used to determine the minimum GPM hot water demand for automatic warewashing machines.

## VII. Requirements for Booster Heaters

a. When a hot water sanitizing warewashing machine is used, a booster heater must be provided that will raise the incoming general purpose hot water up to at least 180°F. for the final sanitizing rinse cycle.

- b. When sizing a booster heater, the hot water demand for the warewashing final sanitizing rinse cycle should be obtained from the NSF International listings or listings established by other nationally recognized testing laboratories.
- c. The formulas for calculating BTU or KW input should be used when determining the minimum required size for a booster heater.
- d. When a booster heater is installed below a drainboard, it shall be installed at least six inches above the floor and away from the wall, and in a manner that will allow accessibility for proper cleaning and servicing.
- e. If a booster heater is installed or if the water temperature needs to be set above 120°F to meet the demands of fixtures such as a high temperature dishwasher, the water must be tempered at the other fixtures to prevent scalding.

#### VIII. Recirculation Pumps

- a. Where fixtures are located more than fifty feet from the water heater, a recirculation pump must be installed, in order to ensure that water reaches the fixture at a temperature of at least 120°F.
- b. In some cases it may be more practical to install a separate, smaller water heater for remote fixtures, such as for restroom handsinks, in order to ensure that hot water reaches the handsink within fifteen seconds.

#### IX. <u>Installation Requirements</u>

- a. Where feasible, water heaters should be located in an area of the food facility separated from all food and utensil handling areas.
- b. The Uniform Building Code prohibits the installation of gas water heaters in restrooms or change rooms.
- c. Water heaters shall be mounted in one of the following manners:
  - 1. On six inch high, easily cleanable legs.
  - 2. On a four inch high coved curb base. All openings between the water heater and the base must be sealed in a watertight manner.
  - 3. On a properly finished and installed wall pedestal, positioned so that it is out of the work and traffic space.
  - 4. In an easily accessible location above a suspended ceiling. Where a permanently installed ladder is required to access the water heater, the ladder shall not be installed above a food or utensil handling area.
  - 5. Note: The local health agency may allow alternate installation methods when a water heater is installed in an area separated from food and utensil handling areas, such as in a mechanical room.
- d. A common mistake with electric water heaters is the ordering and installing of a water heater with an upper element of 4500 watts, a bottom element of 4500 watts, and a total connected (or maximum) wattage of 4500 watts. On such a water heater only one element is operating at any one time. Many individuals do not observe the total connected wattage and incorrectly assume that because each of the elements is 4500 watts their water heater has an input rating of 9000 watts.

Water heater manufacturers have specific procedures for rewiring an electric water heater so that the upper and lower elements are operating simultaneously. Some manufacturers only permit rewiring in the factory. Field modifications will normally void warranties and any listings that the unit comes with. Prior to acceptance of a field modified water heater, the local health agency should ensure that the modifications were performed according to the manufacturer's recommendations and with the approval of the local building officials. The data plate on a field modified water heater must be changed to reflect the total connected wattage rating with both elements operating simultaneously.

e. When multiple water heaters are connected, they must be installed in parallel, not in series. Refer to the illustration at the end of this document to see an example of this type of installation.

# X. Sizing Table for Gas Hot Water Heaters

Gallons Per Hour Delivery At Indicated Temperature Rise

BTU (X 1000)	40°F	50°F	60°F	70°F
5	11	9	8	6
10	23	18	<mark>15</mark>	13
15	34	27	<mark>23</mark>	19
20	45	36	<mark>30</mark>	26
25	56	45	<mark>38</mark>	32
30	68	54	<mark>45</mark>	39
35	79	63	<mark>53</mark>	45
40	90	72	<mark>60</mark>	51
45	101	81	<mark>68</mark>	58
50	113	90	<mark>75</mark>	64
55	124	99	<mark>83</mark>	71
60	135	108	<mark>90</mark>	77
65	146	117	<mark>98</mark>	84
70	158	126	<mark>105</mark>	90
75	169	135	<mark>113</mark>	96
80	180	144	<mark>120</mark>	103
85	191	153	<mark>128</mark>	109
90	203	162	<mark>135</mark>	116
95	214	171	<mark>143</mark>	122
100	225	180	<mark>150</mark>	129
105	236	189	<mark>158</mark>	135
110	248	198	<mark>165</mark>	141
115	259	207	<mark>173</mark>	148
120	270	216	<mark>180</mark>	154
125	281	225	<mark>188</mark>	161
130	293	234	<mark>195</mark>	167
135	304	243	<mark>203</mark>	174
140	315	252	<mark>210</mark>	180
145	326	261	<mark>218</mark>	187
150	338	270	<mark>225</mark>	193
155	349	279	<mark>233</mark>	199
160	360	288	<mark>240</mark>	206

165	371	297	<mark>248</mark>	212
170	383	306	<mark>255</mark>	219
175	394	315	<mark>263</mark>	225
180	405	324	<mark>270</mark>	232
185	416	333	<mark>278</mark>	238
190	428	342	<mark>285</mark>	244
195	439	351	<mark>293</mark>	251
200	450	360	<mark>300</mark>	257
205	461	369	<mark>308</mark>	264
210	473	378	<mark>315</mark>	270
215	484	387	<mark>323</mark>	277
220	495	396	<mark>330</mark>	283
225	506	405	<mark>338</mark>	289
230	518	414	<mark>345</mark>	296
235	529	423	<mark>353</mark>	302
240	540	432	<mark>360</mark>	309
245	551	441	<mark>368</mark>	315
250	563	450	<mark>375</mark>	322

# XI. Sizing Table for Electric Hot Water Heaters

Gallons Per Hour Delivery At Indicated Temperature Rise

KW	40°F	50°F	<mark>60°F</mark>	70°F
1	10	8	7	6
2	20	16	<mark>13</mark>	11
3	30	24	<mark>20</mark>	17
4	40	32	<mark>27</mark>	23
5	50	40	<mark>33</mark>	29
6	60	48	<mark>40</mark>	34
7	70	56	<mark>47</mark>	40
8	80	64	<mark>54</mark>	46
9	90	72	<mark>60</mark>	52
10	100	80	<mark>67</mark>	57
11	110	88	<mark>74</mark>	63
12	120	96	<mark>80</mark>	69
13	130	104	<mark>87</mark>	75
14	141	112	<mark>94</mark>	80
15	151	120	<mark>100</mark>	86
16	161	128	<mark>107</mark>	92
17	171	136	<mark>114</mark>	97
18	181	145	<mark>120</mark>	103
19	191	153	<mark>127</mark>	109
20	201	161	<mark>134</mark>	115
21	211	169	<mark>141</mark>	120
22	221	177	<mark>147</mark>	126
23	231	185	<mark>154</mark>	132
24	241	193	<mark>161</mark>	138
25	251	201	<mark>167</mark>	143
26	261	209	<mark>174</mark>	149
27	271	217	<mark>181</mark>	155

28	281	225	<mark>187</mark>	161
29	291	233	<mark>194</mark>	166
30	301	241	<mark>201</mark>	172
31	311	249	<mark>207</mark>	178
32	321	257	<mark>214</mark>	184
33	331	265	<mark>221</mark>	189
34	341	273	<mark>227</mark>	195
35	351	281	<mark>234</mark>	201
36	361	289	<mark>241</mark>	206
37	371	297	<mark>248</mark>	212
38	381	305	<mark>254</mark>	218
39	391	313	<mark>261</mark>	224
40	401	321	<mark>268</mark>	229
41	411	329	<mark>274</mark>	235
42	422	337	<mark>281</mark>	241
43	432	345	<mark>288</mark>	247
44	442	353	<mark>294</mark>	252
45	452	361	<mark>301</mark>	258
46	462	369	<mark>308</mark>	264
47	472	377	<mark>314</mark>	270
48	482	385	<mark>321</mark>	275
49	492	393	<mark>328</mark>	281
50	502	401	<mark>335</mark>	287

# **XII.** Water Heaters Installed In Parallel

